

Evaluating Programs Using *The Science of the Positive*¹

There are so many prevention programs, speakers or other strategies out there. How do we know what programs are a good fit for Stoughton?

This worksheet is intended to provide a way to think critically about these opportunities and provide a good discussion base for making decisions. The questions are set up through the lens of the 7 Core Principles from the Science of the Positive Framework². Use this worksheet as a way to record observations or simply to guide discussions.

<p>Name of Program: _____</p> <p>Who is the intended audience(s) for this program? _____</p> <p>What is the cost of the program / strategy? _____</p>
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Be Positive: What is good about this program?

Be Present: How did the intended audience experience the program? What did you notice about what they paid attention to, their emotions, the questions they asked, etc?

Be Perceptive: What messages are intended to be conveyed through this program? Are there other unintended messages or misperceptions that are conveyed?

¹ 2019, The Montana Institute. www.montanainstitute.com

² 2019, The Montana Institute. www.montanainstitute.com

Be Purposeful: How is this program in line with our mission / prevention philosophy?
(Please see attached page with OASIS mission and 7 Core Principles)

Be Perfected: How could this program be improved?

Be Proactive: What are the short term and long term impacts of this strategy? How do you know? Is there prevention research to support this program?

Be Passionate: What positive steps are shared with the audience about what TO DO?

Date: _____ Observer: _____



Mission: Our mission is to work collaboratively in Stoughton to: reinforce healthy community norms; decrease youth access to alcohol, tobacco and other drugs; and create sustainable policy changes that will support healthy youth choices.

Stoughton OASIS Coalition: 7 Core Principles

Developed as a coalition between December 2019 and February 2020

Be Positive: We are *u-knighted* to grow a healthier Stoughton.

Be Present: We use current data to assess our needs and to support our youth.

Be Perceptive: We value diverse perspectives.

Be Purposeful: We are committed to accomplishing our mission.

Be Perfected: We seek and develop opportunities to grow and improve our work together.

Be Proactive: We anticipate and respond to issues with an eye on sustainability.

Be Passionate: We are advocates (catalysts) for positive community transformation.